



Meet

Mohsina Sumanta

Behaviour Support
Practitioner

ABOUT MOHSINA

Mohsina is a Behaviour Support Practitioner with a background in psychology and public health research. Before behaviour support, she spent more than a decade in research and teaching at Monash University. She supports children, adolescents and adults with disability, using person-centred, evidence-informed and trauma-aware practice.

She works alongside people, their families and support teams to understand what sits behind behaviour, then builds practical strategies that strengthen emotional regulation, communication and independence.

Known for her calm, nurturing presence, Mohsina builds trust quickly and works comfortably with families from many cultural backgrounds. She believes meaningful support starts with connection and clear, respectful communication.

Who Mohsina works with

- ✓ Children, adolescents and adults with disability
- ✓ Autistic people and people with ADHD
- ✓ People with intellectual disability
- ✓ People with psychosocial disability

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The right practitioner

Matched to the right person

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