



Meet

Julian Vilsten

Clinical Neuropsychologist and
Specialist Behaviour Support Practitioner

Founder and Managing Director

ABOUT JULIAN

Julian founded Outcomes Lab and leads its clinical team. He has worked in mental health for more than 15 years, close to a decade of it in the NDIS, with people who have complex support needs.

His neuropsychology training shapes how he does behaviour support. Once you understand how someone's brain processes, remembers, regulates and communicates, you can build support around what's actually happening for them, at their pace.

He works alongside families, support coordinators and care teams, and he leads and mentors the clinical team himself.

Who Julian works with

- ✓ Autistic individuals with high support needs
- ✓ People with intellectual disability and co-occurring conditions
- ✓ People with acquired brain injury
- ✓ People with a dual diagnosis of disability and mental illness
- ✓ People with trauma histories

At a glance

Region	Bayside and south-east Melbourne
Services	Positive Behaviour Support, Neuropsychology

Qualifications

Master of Clinical Neuropsychology
Bachelor of Behavioural Neuroscience (Honours)
AHPRA-endorsed Clinical Neuropsychologist (PSY0001956338)
AHPRA Board-approved supervisor
NDIS Specialist Behaviour Support Practitioner
Member, Australian Clinical Neuropsychology Association (ACNpA)

☆ Fun fact

Julian's whippet Zeus has been our Wellbeing Ambassador for six years, mostly from the couch.

ABOUT OUTCOMES LAB Evidence with Heart

Rigorous clinical practice and genuine care, so the support you receive makes a real difference.

Director-Led intake

Each referral clinically reviewed

The right practitioner

Matched to the right person

Part of your team

We come to you



Make a referral

Scan the code, or go to
outcomeslab.com.au/referral